



SMART Goal Setting Template

Set SMART goals to bring structure and trackability into your goals and objectives.

Specific

What do I want to accomplish?

Measurable

How will I know when it is accomplished?

Achievable

How realistic is the goal, based on other constraints, such as financial factors?

Relevant

Does this seem worthwhile?

Time-based

When do I want to achieve this goal?

SMART Goal

Review what you have written and craft a new goal statement based on the answers to the questions above.



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